

CHANGE QTY



INVITE FRIENDS TO SUBSCRIBE TO VITAMIN DAILY AND BE ENTERED TO WIN A PALM CENTRO. CLICK HERE!

palm

SEARCH



CLICK HERE TO VOTE FOR VITAMIN DAILY IN THE NEW MEDIA BC PEOPLE'S CHOICE AWARDS FOR BEST DESIGN, BEST USER EXPERIENCE AND BEST DIGITAL AD CAMPAIGN.

HOT TOPICS

- HEALTH & BEAUTY
FASHION & SHOPPING
HOME & DECOR
ARTS & CULTURE
TRAVEL & LEISURE
DINING & NIGHTLIFE
MOMS & KIDS



GET A TIP / POST A TIP

OVER HEARD IN THE FORUM:

Hdp! Looking for a funky formal dress



BROWSE OUR ARCHIVES

ALL ABOUT YOU

- YOUR FAVORITES
YOUR OPTIONS

ALL ABOUT US



LISA

APRIL 16 TH, 2009

Viva Victoria

OUR FOODIE TOUR OF VICTORIA WILL MAKE FOR A WELL-FED WEEKEND.

stay

If a weekend in Kyoto is out of the question, get your Zen moment at Victoria's lush Inn at Laurel Point. Chill out by the waterfall in the hand-tended Japanese



garden by the sea, watch the harbour action from the chaise lounge in your sleek Arthur Erickson Wing room, and check out the museum-quality art lining the hallways. Yes, that really is a Henry Hunt sun mask in the lobby. Spring rates from \$130, 680 Montreal St., Victoria, 800-663-7667, www.laurelpoint.com

eat

All those micro-produced island wines you haven't yet sampled are at the sleek, waterfront Aura restaurant. The menu leans local, from sea asparagus garnishes to the Zanatta Damasco by the glass. Chef Brad Horen's surf and turf is a good reason to hop that ferry. Aura at the Inn at Laurel Point, 680 Montreal St, Victoria, 250-414-6739, www.aurarestaurant.ca

do

Eat. Walk. Eat. On a Travel With Taste urban culinary walking tour, local foodie Kathy McAree reveals Victoria's food and drink secrets, from the inside scoop on tea blending to where to find the best banana bread in town. Bonus? You get to meet the experts behind the city's booming dining scene. Travel with Taste, 250-385-1527, www.travelwithtaste.com

shop

Fort Street's Antique Row is morphing into Eco Row, with several great eco-tiques. Two faves: Not Just Pretty, with its sustainable, sweat-shop free frocks, tees and The Good Planet Company, which stocks practical organic bedding, bio-degradable dog toys, muffin tins, and compostable dishes made from fallen palm leaves. Not Just Pretty, 1036 Fort St., Victoria, 250-414-0414, www.notjustpretty.com The Good Planet Co., 764 Fort St., Victoria, 888-590-3505, www.goodplanet.com

TRAVEL & LEISURE

MAKE IT YOURS

SEND TO A FRIEND

RELATED DOSES

AUSTIN TATIUS

THE HOLLYWOOD HILLS ARE ALIVE

SWANKY BY THE SEASHORE

TAGS

Hotels, Restaurants, Travel, Vancouver Island, Victoria, Weekend, Getaways